

This Retreat Weaves Three Dimensions

1. Sacred sites such as Teotihuacan, Obsidian Mountain, and the Basaltic Prisms, acting as natural mirrors of clarity and memory.
2. Pneuma Trance practices, where "respiración introspectiva, the Pneuma Trance Method", integrating silence and symbolic engagement, opens deeper access to inner order, presence, and light.
3. Guided ceremonies inspired by ancestral traditions and natural lineages originating from the mountain regions, the desert, or the Amazon basin.

Designed as an inner threshold toward clarity, this retreat guides participants to remember what is essential, reorganize consciousness, and reconnect with the inner quiet that sustains life from within.

Prismas Basálticos Rock Formations

Experience the magic of the night sky.

Throughout the retreat, participants take part in guided ceremonies inspired by ancestral traditions and natural lineages originating from the mountain regions, the desert, or the Amazon basin.

These ceremonies are held in a contained, intentional setting, emphasizing introspection, respect, and personal responsibility.

Each ceremony honors the lineage and geographical origin of the traditions it draws from, recognizing the mountain, the desert, and the Amazon as symbolic sources of wisdom, transformation, and continuity.



Ancestral Mexico

Journey of Transformation and Equinox

Inner Awakening in the Lands of Obsidian



The Journey



Ancient pyramids aligning earth and sky, guiding inner awakening through silence, light, memory, and clarity.



Prismas Basálticos, ancient rock formations shaped through millions of years of creation.
A landscape of silence and geometry.



Obsidian mountain holding ancient silence, opening an inner threshold toward deep clarity, remembrance, and inner renewal.

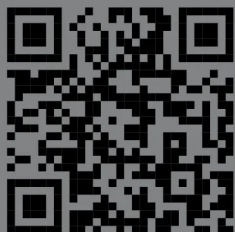


Reserva de la Biosfera Barranca de Metztitlán, a sacred canyon holding stillness that guides clarity, remembrance, and inner renewal.



March 19 - 23, 2026
Huasca de Ocampo, Mexico

Scan For Full Details And Registration



An invitation to cross an inner threshold in one of the most ancient and sacred landscapes of Mexico.

Teotihuacan, Huasca de Ocampo, and the Mineral highlands become mirrors of clarity, silence, and transformation.

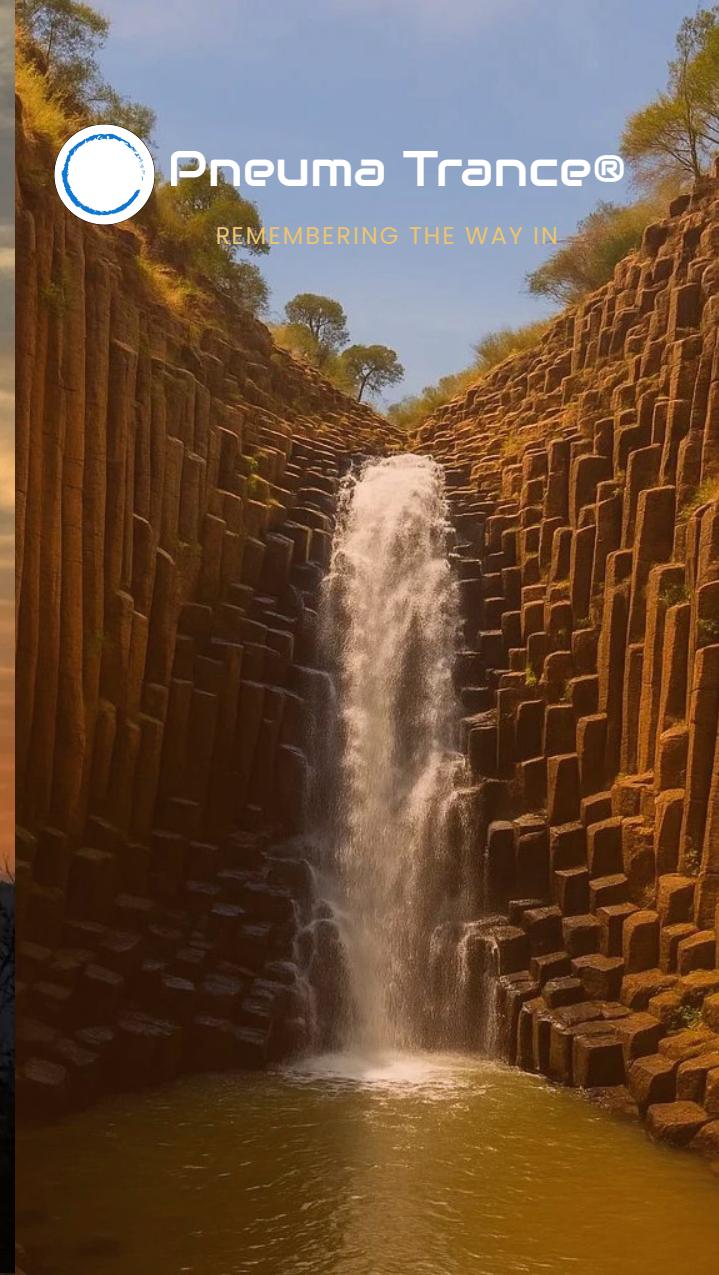
A retreat designed to help you awaken, release, and open new layers of inner light.

Guided ceremonial experiences inspired by ancestral traditions, Pneuma Trance practices, and visits to sacred ancestral sites where history and consciousness interweave.



Pneuma Trance®

REMEMBERING THE WAY IN



**For inquiries and reservations,
contact us at:**

Email: info@pneumatrance.com

WhatsApp: +1 (561) 523-2889